














Weekly Activities

| Sunday 8/4 | Monday 8/5 | Tuesday 8/6 | Wednesday 8/7 | Thursday 8/8 | Friday 8/9 | Saturday 8/10 |
|---|--|--|---|---|---|--|
| <p>1:15 Chair Stretch (CM)</p>  <p>2:00 Church Services by Ron Baker (CH)</p>  <p>3:00 Candy Bar Bingo (CM)</p>  <p>6:00 A movie in the Theater with Cheese and Crackers</p>  | <p>9:00 Exercise (CM)</p> <p>10:00 Fact or Crap (CM)</p> <p>10:30 Newborns in Need (AR)</p> <p>1:30 Volleyball (CM)</p>  <p>2:15 Spelling Bee (CM)</p> <p>3:00 Happy Hour (P)</p> <p>6:00 Your Choice of Movie in the Theater with Chips</p> | <p>National Root Beer Floats Day</p> <p>9:00 Exercise (CM)</p> <p>10:00 Table Topics (CM)</p> <p>10:30 Rosary and Communion (CH)</p>  <p>1:30 Nickel Bingo (CM)</p> <p>2:30 Root Beer Floats on the Patio</p>  <p>3:00 Entertainment: Barefoot McCoy (CM)</p> <p>6:00 Movie in the Theater</p> | <p>Happy Birthday Mable M.</p> <p>9:00 Exercise (CM)</p> <p>10:00 Trip to the Hartford Fair</p> <p>10:00-11:00 Manicures (AR)</p> <p>11:00 Entertainment: Zach on the Piano</p> <p>12: 45 Mexican Train (AR)</p> <p>1:30 Card Bingo (CM)</p> <p>3:00 Happy Hour (P)</p> <p>6:00 Movie in the Theater</p> | <p>National Frozen Custard Day</p> <p>9:00 Exercise (CM)</p> <p>9:30 Walking Club</p> <p>10:30 Cooking with Friends (AR)</p> <p>1:30 Milkshakes in the Pub</p> <p>2:00 Trip to Whit's Frozen Custard</p>  <p>3:00 Nickel Bingo (CM)</p> <p>6:00 Movie in the Theater</p> | <p>9:00 Euchre Club (CM)</p> <p>10:30 Sweet Treats in the Cafe</p>  <p>11:00 Lunch Outing: Olive Garden</p>  <p>1:30 Crosswords (AR)</p>  <p>2:00 Exercise (CM)</p> <p>3:00 Happy Hour (P)</p> <p>6:00 Movie in the Theater</p> | <p>Happy Birthday Virginia T.</p> <p>10:00 Sweet Treats and This Day in History (C)</p>  <p>11:00 Trivia</p> <p>12:45 Mexican Train (CM)</p> <p>1:30 Rummy and Euchre (CM)</p> <p>2:00 Entertainment: Music by Jenny (CM)</p>  <p>6:00 Movie in the Theater</p> |

Pub=P

Activity Room=AR

Theater=T

Chapel=CH

Commons=CM

Café=C

Sunroom=S

Weekly Menu

| Sunday 8/4 | Monday 8/5 | Tuesday 8/6 | Wednesday 8/7 | Thursday 8/8 | Friday 8/9 | Saturday 8/10 |
|--|---|---|---|--|---|---|
| Lunch Baked Glazed Ham, Scalloped Potatoes, Vegetable Blend, Fresh Baked Roll, Blueberry Pie  | Lunch Sweet-n-Sour Chicken, White Rice, Egg Rolls, Mixed Vegetables, Peach Pie | Lunch Meatloaf, Gravy, Garlic Mashed Potatoes, Green Peas, Dinner Roll, Pineapple Upside Down Cake | Lunch Italian Chicken, Red Skin Potatoes, Broccoli, Wheat Bread, Strawberry Sundae | Lunch Hot Dogs, Cheesy Potatoes, Buttered Corn, Lemon Meringue Pie  | Lunch Cheeseburgers, Macaroni Salad, Baked Beans, Mint Chocolate Chip Ice Cream | Lunch Fried Chicken, Mashed Potatoes with Gravy, Lima Beans, Dinner Roll, Cookies-N-Cream Parfait |
| Dinner Beef Barley Soup, Egg Salad Sandwich, Broccoli Salad, Brownies | Dinner Marzetti, Carrots, Garlic Toast, Pudding Cookie Parfait  | Dinner BBQ Pulled Pork on a Bun, Macaroni & Cheese, Creamy Cole Slaw, Apple Crisp | Dinner Salmon Patty, Rice Pilaf, Creamed Peas, Dinner Roll, Triple Chocolate Cake  | Dinner Roast Beef & Provolone Sandwich, Marinated Cucumbers & Tomatoes, Cantaloupe, Jell-O Parfait | Dinner Cheese Ravioli with Sauce, Roasted Cauliflower, Garlic Toast, Butterscotch Pudding Parfait | Dinner Ham Salad Fruit Plate, Cottage Cheese, Fresh Fruit, Crackers, Cherry Cobbler  |

Alternate dishes are always available. See Server for details. All meals considered no salt, low salt added; low concentrated sugar available.

Breakfast is served from 7:30am-9am. Lunch is served from 11:30am-1pm. Dinner is served from 4:30pm to 6pm.